

This Week's Writing Exercise / Warm Up

What's Your Mood?

Words are not always enough. Some writers use visual inspiration to spark their inner creativity.

Use the image below to create an image of one of your characters or perhaps of yourself and how you are feeling at this moment. In order to remove creative blocks sometimes we have to delve a bit deeper into our own mental and emotional state. Release your emotions and express how you or one of your characters feel.

